

### **OBJECTIVES**

- Breakdown of culture and our multiple identities
- Define and understand the term "microaggression" and the impact these actions possess
- Understand what implicit bias is and how to respond to it within ourselves and others
- Cultivate an inclusive workplace environment that celebrates diversity and promotes cultural sensitivity



## IMPLICIT BIAS

Implicit bias refers to the attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner

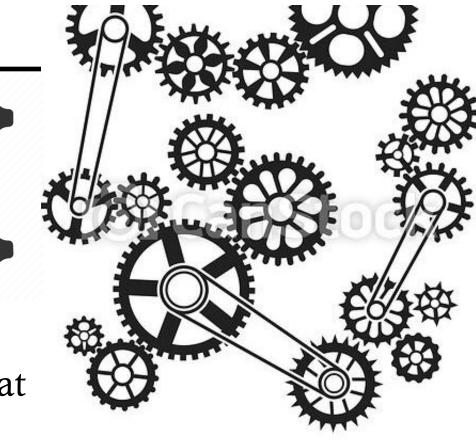
# GETTING COMFORTABLE BEING UNCOMFORTABLE

Be confident in your compassion

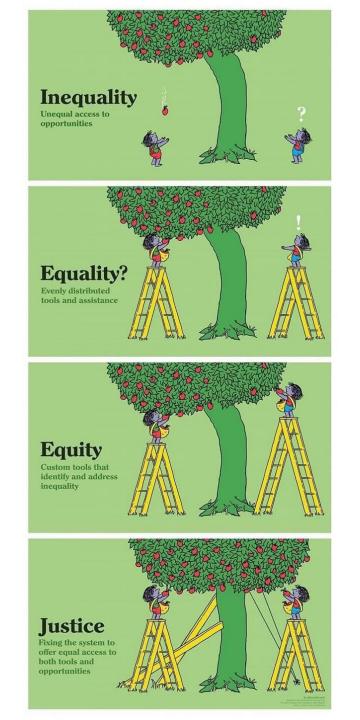
Ooops! Ouch!

### DIVERSITY

The broad spectrum of experiences, abilities, and racial/cultural differences that make us unique. Any collective mixture characterized by similarities and differences - Roosevelt Thomas, PhD American Institute for Managing Diversity

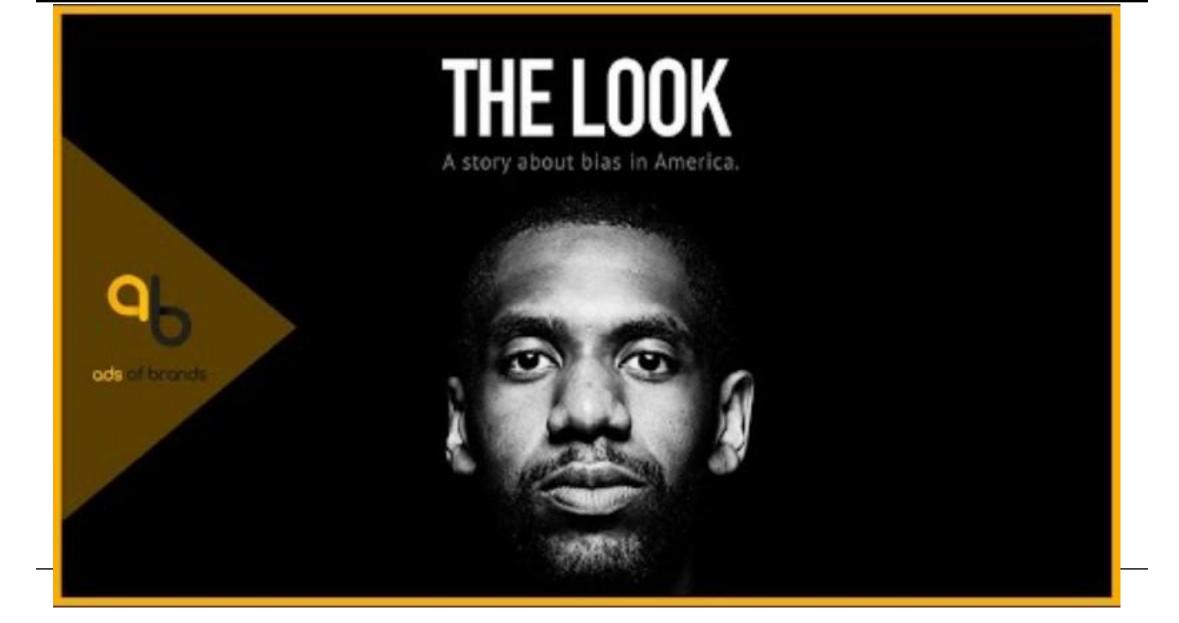


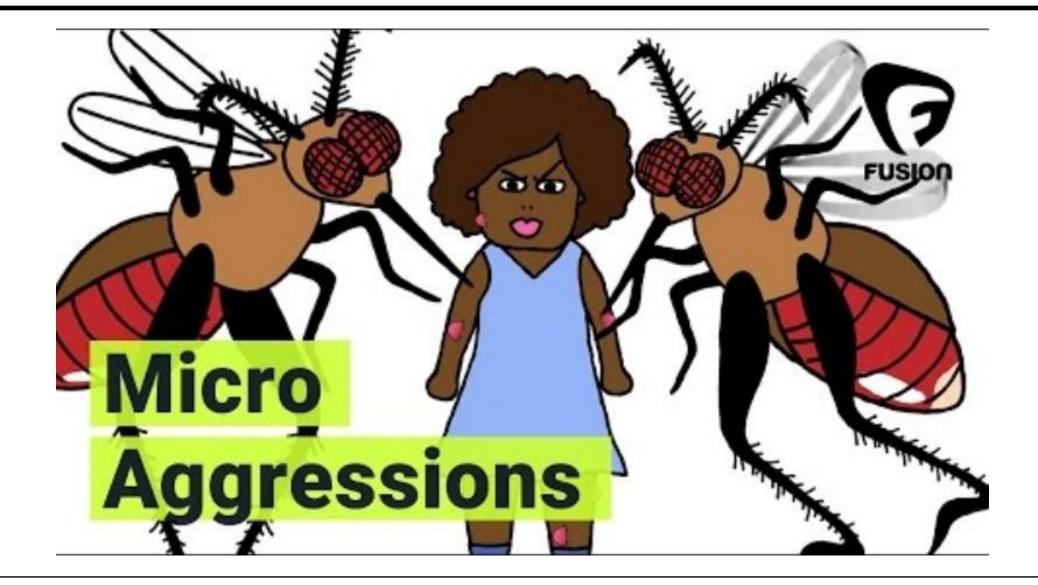
### TERMS

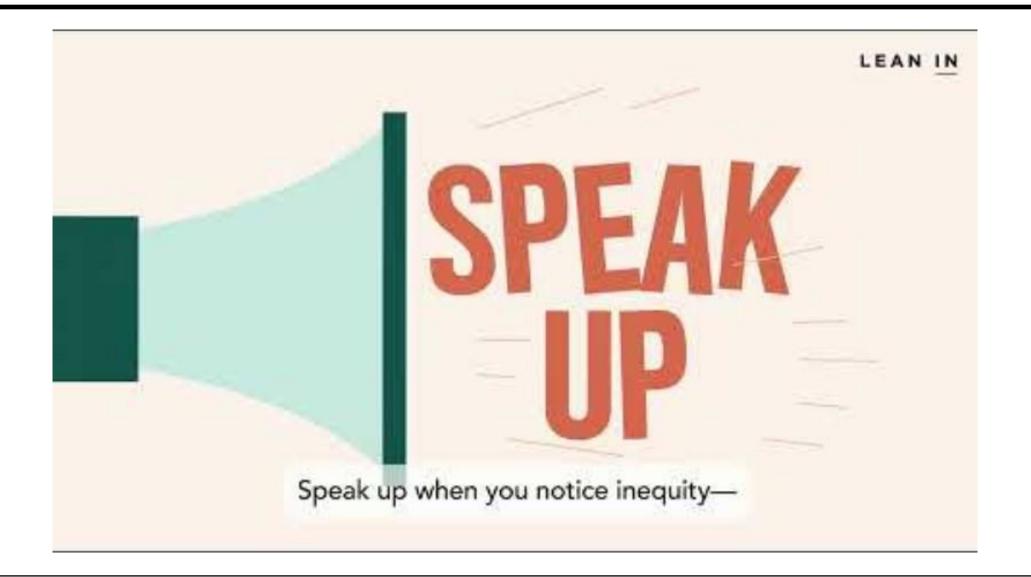


### Source: TAHITonline Youtube









#### **TERMS DEFINED**

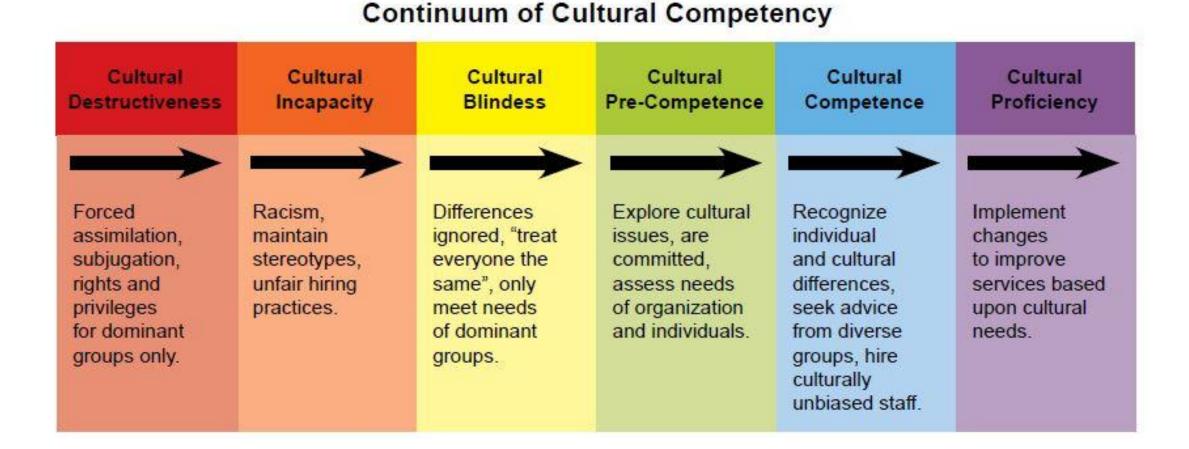
#### RACE

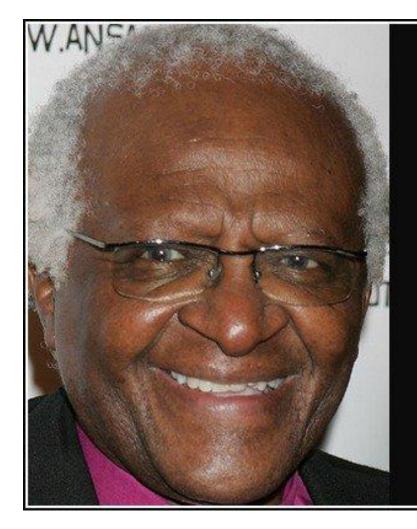
a social construct defined by agreed upon physical markers such as skin color, hair texture, eye shape, ancestry among other traits. It is important to note that individuals from different countries of origin may not be familiar or comfortable identifying with the racial categories we have established in the United States.

a type of cultural background and can include individuals from many different races since culture is something that is learned.

#### ETHNICITY

Nationality?





If you are neutral in situations of injustice, you have chosen the side of the oppressor.

— Desmond Tutu —

AZQUOTES



#### WAYS TO OVERCOME IMPLICIT BIAS IN A HISTORICAL CONTEXT

#### BOOKS BY AUTHORS WITH DIFFERENT BACKGROUNDS THAN YOUR OWN





MOVIES PRODUCED AND DIRECTED BY INDIVIDUALS WITH DIFFERENT BACKGROUNDS THAN YOUR OWN

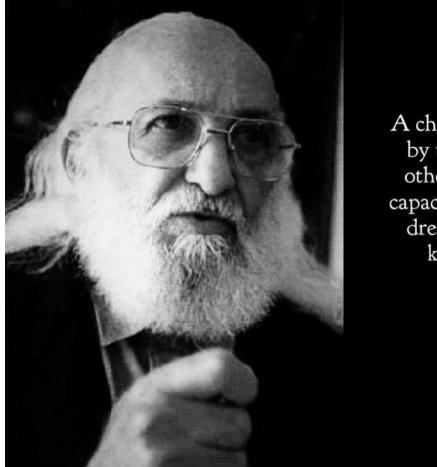
#### POETRY, MUSEUMS, MUSIC



#### BE AWARE OF THE TYPE OF DISCRIMINATIONS THAT EXIST AND THE HISTORIES

Examples:

- Bracero Program
- The New Deal
- GI Bill
- Black women suffrage (1965)



A change maker is marked by their ability to trust others, to believe in the capacity of others to think, dream, create, build, to know, and to act."

– Paulo Freire



"Whenever one person stands up and says, 'Wait a minute, this is wrong,' it helps other people do the same." -Gloria Steinem