

WHAT DO MENTORS DO?



- A mentor can help someone develop attainable goals and specific steps required to reach those goals.
- If someone doesn't have a recovery plan the mentor can help them work through the recovery planner to develop a plan.
- A mentor can help someone identify or re-discover their strengths, talents and abilities.
- A mentor can help people identify and connect people to resources and develop skills in their community where they live that will help them reach their goals and enhance their recovery. This is called recovery capital.
- A mentor can help people learn how to solve problems that stand in the way of their recovery.

**If you would like to work with a MENTOR, please give us a call!
1-800-832-8032 / in Columbia 803-739-5712**