

Join us to learn more about Recovery for Life, I !

Recovery is a Journey!

We believe that recovery happens when people with mental illnesses are surrounded by others who are filled with hope and excitement about life. Recovery has many components, very often including counseling, medications, and medical care; recovery also depends on other components such as support from people and information about the skills needed to live well in recovery. We specialize in that support and information. Join us on the journey!

This workshop is an Introduction to a step-by-step process of how to start a recovery journey and begin healing.

Tuesday and Wednesday

SC SHARE Office

427 Meeting Street, West Columbia, SC 29169

Beth Adams Padgett will provide an overview of the Recovery for Life program.

Registration and coffee **start at 9:30 a.m.** The presentation starts at 10:00 a.m. (The second day starts at 9:00 am.)

There is a **\$14.00 registration fee** that includes a boxed lunch both days and training handouts. This is an approved Certified Peer Support Specialist training and counts towards your required training hours.

Space is limited to 12 participants - please call to RSVP as soon as possible.

(803) 739-5712 ▪ 1-800-832-8032 ▪ Naomi@scshare.com

Join us to learn more about the Recovery for Life program...

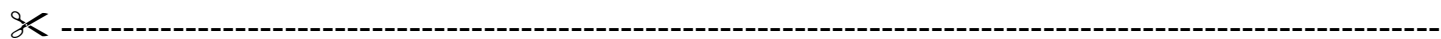
Participants use a reader-friendly workbook developed by SC SHARE as a guide to discovering personal recovery goals.

Tuesday:

- 9:30 – 10:00 amRegistration, Coffee
- 10: 00 – 12:00 noon **“Introduction, Chapters 1&2”**
- 12:00 – 1:00 pmLUNCH (boxed lunch provided)
- 1:00 – 2:30 pm **“Chapters 3&4”**
- 2:30 – 2:45 pmBreak
- 2:45 – 4:00 pm..... **“Chapters 5&6”**

Wednesday:

- 8:30-9:00 amCoffee
- 9:00 – 12:00 noon **“Chapters 7&8”**
- 12:00 – 1:00 pmLunch (boxed lunch provided)
- 1:00 – 2:30pm **“Chapters 9&10”**
- 2:30 – 2:45pmBreak
- 2:45 – 4:00 pm..... **“Getting Your Group Started, Putting it all Together”**



Please mail your \$14 registration fee and form to:
SC SHARE 427 Meeting St. West Columbia, SC 29169 - Fax 803-739-8226
Space is limited to 12 registrations. Please call to RSVP as soon as possible 803-739-5712 or 1-800-832-8032

Name (please print) _____ Organization _____

Street _____

City _____ State _____ Zip _____

Area Code and Telephone Number _____ E-mail address _____

Personal check # _____ Money Order PO # _____